

Daily Symptom Monitoring Log

Use this daily log to monitor your symptoms.

- Write down the month at the top of the log.
- Fill in the date in the left column.
- Write down your symptoms for each day.

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Date	Weight	Pulse	Blood Pressure	Change in breathing	Swelling	Fatigue
Example: 12/10/25	150 lbs	80	110/70	No	Yes, ankles	Yes

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Example: 12/10/25	150 lbs	80	110/70	Yes, ankles	Yes

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