

How to use your Tudorza Pressair (aclidinium)

80mcg, 160mcg



What is my prescription?	Special Instructions
	<p>Take every day to control your symptoms</p>

What can I expect while I take this medication?

Tudorza Pressair is a long-acting anticholinergic. Used every day it will make breathing easier by relaxing your airways.

Tudorza Pressair will not provide immediate relief, but you can expect fewer episodes of coughing and wheezing.

How to use your Tudorza Pressair:

1. Remove **Tudorza Pressair** cap.
2. Hold the inhaler with green button facing straight up, and the mouthpiece facing you. Do not tilt.
3. Press the green button all the way down and then remove your finger from the green button.

4. Stop and check the control window to make sure that your dose is ready.
5. The control window should be green.
6. If it is red, press and release the green button until the control window is green.
7. With your face turned away from the inhaler; breathe out fully (in preparation to breathe in medication).
8. Put the mouthpiece in your mouth and close your lips around it. Do not block the mouthpiece with your teeth or tongue.
9. Breathing in quickly and deeply through your mouth. You will hear a “click”. Keep on breathing in to be sure you get all your medicine.
10. **Do not** hold down the green button while you are breathing in.
11. Hold your breath for 5-10 seconds, and then breathe out through your nose.
12. If the control window is now red this means that you have breathed in all your medicine.
13. If the control window is still green, repeat steps 6 - 12.
14. If your physician has prescribed more than one dose (puff), wait 30 seconds and repeat above.
15. Put the cap back on your inhaler.

Do not use Tudorza to treat sudden symptoms of your health condition. Always carry a rescue inhaler with you.

- To view more information about your health condition visit:
<http://www.med.umich.edu/careguides>.
- To learn more about the **Tudorza Pressair** inhaler visit:
<http://www.tudorza.com>

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