

How to use your Seebri Neohaler

15.6 mcg



What is my prescription?	Special Instructions
	Take every day to control your symptoms.

What can I expect while I take this medication?

Seebri Neohaler is a long-acting anti-cholinergic that relaxes and opens your airways.

Seebri Neohaler will not provide relief at once, but you can expect to breathe easier.

How to use your Seebri Neohaler:

1. Remove cap.
2. Hold the base of the inhaler and tilt the mouthpiece to open the inhaler. You will see a chamber.

3. Remove a capsule from the packaging and put the capsule in the chamber.
Do not swallow the capsule.
4. After the capsule is in place, click the mouthpiece shut.
5. Before using the inhaler, you will need to press the buttons firmly on both sides of the inhaler. You will hear a click if you have pressed firmly. You can now take your fingers off of the buttons.
6. Turn your head away from the inhaler and breathe out fully.
7. Put the Seebri Neohaler in your mouth and close your lips around your mouthpiece. Do not block the mouthpiece with your teeth or tongue. Make sure that the buttons are to the left and right, **not** up and down.
8. Breathe in as steadily and deeply as you can.
9. As you breathe in through the inhaler, the capsule spins around and you will hear a whirring noise. If you do not hear a whirring noise, carefully tap the base of the inhaler to loosen the capsule.
10. Remove the inhaler from your mouth while holding your breath for 5-10 seconds. Breathe out away from the inhaler.
11. To make sure that you have taken your full dose, check to see if there is any powder left in the capsule.
12. If there is any powder left in the capsule, repeat steps 7-9.
13. Dispose of the capsule and put the cap back on the inhaler.

How to clean your Seebri Neohaler:

If you want to clean your inhaler, wipe the mouthpiece inside and outside with a clean, dry cloth. Keep the inhaler dry.

Do not use Seebri Neohaler to treat sudden symptoms of your health condition. Always carry a rescue inhaler with you.

- To learn more about your health condition visit:

<http://www.med.umich.edu/careguides>.

- To learn more about the Seebri Neohaler inhaler visit:

<http://www.seebri.us>

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