

## How to Use Your Combivent Respimat Inhaler (ipratropium/albuterol)



Special Instructions
Take every day to control
your symptoms.

### What can I expect while I take this medication?

**Combivent Respimat** is a short- acting anticholinergic and short-acting beta-2 agonist and will begin working within minutes. You can expect to breathe easier and it opens your small and large airways.

#### How to set-up your Combivent® Inhaler:

Your **Combivent Respimat** will come packaged as two parts, a cartridge and an inhaler. These pieces will need to be put together before you can use it.

- 1. Press the gray safety catch, while pulling off the clear base.
- 2. Take the cartridge out of the box and push the narrow end of the cartridge into the inhaler.

- 3. The cartridge can be pushed against a hard surface to make sure that it is inserted all the way.
- 4. About 1/8 inch of the cartridge will remain visible when the cartridge is inserted correctly.
- 5. Do not remove the cartridge once it has been inserted into the inhaler.
- 6. Put the clear base back into place.

#### How and when to prime your Combivent® Respimat®:

Prime inhaler if new or has not been used for more than 3 days.

- 1. Hold the inhaler upright with the orange cap closed.
- 2. Turn the clear base in the direction of the white arrows on the label until it clicks.
- 3. Flip the orange cap until it snaps fully open.
- 4. Point the inhaler toward the ground.
- 5. Press the dark gray button.
- 6. Repeat steps 1 to 5 until a spray is visible.
- 7. It will look like a vapor cloud.
- 8. After you see a visible spray; repeat steps 1 to 5 again.

If you have not used your inhaler for more than **21** days repeat steps 1 to 6.

#### How to use your Combivent Respimat:

- 1. Hold the inhaler upright with the orange cap closed.
- 2. Turn the clear base in the direction of the white arrows on the label until it clicks.
- 3. Flip the orange cap until it fully snaps open.
- 4. Breathe out fully (in preparation to breathe in medication).
- 5. Close your lips around the end of the mouthpiece without covering the holes on the side of the mouthpiece.
- 6. While taking in a slow, deep breath through your mouth, press the dark gray button and continue to breathe in slowly until your lungs are full.

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- 7. Hold your breath for 5-10 seconds, and then breathe out.
- 8. If your physician has prescribed more than one dose (puff), wait 30 seconds and repeat above.
- 9. Put the cap back on.

# Do not use Combivent Respimat to treat sudden symptoms of your health condition. Always carry a rescue inhaler with you.

- To view additional information about your health condition visit: <u>http://www.med.umich.edu/careguides</u>.
- To learn more about Combivent<sup>®</sup> Respimat<sup>®</sup> visit: <u>www.combivent.com</u>

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