How to use your Tudorza™ Pressair™ (aclidinium)

80 mcg  160 mcg

What is my prescription?  Special Instructions

Take every day to control your symptoms

What can I expect while I take this medication?

Tudorza™ Pressair™ is a long-acting anticholinergic. Used every day it will make breathing easier by relaxing your airways. Tudorza™ Pressair™ will not provide immediate relief, but you can expect fewer episodes of coughing and wheezing.

How to use your Tudorza™ Pressair™:

1. Remove Tudorza™ Pressair™ cap.
2. Hold the inhaler with green button facing straight up. Do not tilt.
3. Press the green button all the way down and then remove your finger from the green button.
4. Stop and check the control window to make sure that your dose is ready.
5. The control window should be green.
6. If it is red, press and release the green button until the control window is green.
7. With your face turned away from the inhaler; breathe out fully (in preparation to breathe in medication).
8. Put the mouthpiece in your mouth and close your lips around it.
9. Breathing in quickly and deeply through your mouth. You will hear a “click”. Keep on breathing in to be sure you get all your medicine.
10. Do not hold down the green button while you are breathing in.
11. Hold your breath for 5-10 seconds, and then breathe out through your nose.
12. If the control window is now red this means that you have breathed in all your medicine.
13. If the control window is still green, repeat steps 6 – 12.
14. If your physician has prescribed more than one dose (puff), wait 30 seconds and repeat above.
15. Put the cap back on your inhaler.

Do not use Tudorza™ to treat sudden symptoms of your health condition. Always carry a rescue inhaler with you.

To view more information about your health condition visit:

http://www.med.umich.edu/careguides.

To learn more about the Tudorza™ Pressair™ inhaler visit: www.tudorza.com

Disclaimer: This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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