

How to Use Your Serevent® (salmeterol) Diskus Inhaler



What is my prescription?	Special Instructions
	Take every day to control your symptoms.

What can I expect while I take this medication?

- Serevent® is a long-acting beta-2 agonist and it opens small airways.
- Serevent® will not provide immediate relief, but you can expect fewer episodes of coughing and wheezing.

How do I use my Serevent® Diskus inhaler?

1. Hold the diskus in one hand & put the thumb of your other hand on the notch & push towards the back until it snaps.
2. You will be able to see the mouthpiece and lever.
3. Slide the lever away from you until it clicks. This loads the medication.
4. Turn your head away from the diskus and breathe out as much air as you comfortably can.
5. Put the mouthpiece in your mouth. Make sure your teeth and tongue do

not block the mouthpiece.

6. Breathe in as steadily and deeply as you can. Remove the diskus from your mouth while holding your breath for 5-10 seconds. Breathe out.
7. Close the diskus by sliding the thumb grip towards you.

You may not taste, feel or smell the dry powder when you are using your diskus. As long as you are following the directions, you will get your full dose of medication.

Do not use Serevent® Diskus to treat sudden symptoms of your health condition. Always carry a rescue inhaler with you.

- To learn more about your health condition visit:
<http://www.med.umich.edu/careguides>.
- To learn more about the Serevent® Diskus inhaler visit:
<http://www.fda.gov/downloads/Drugs/DrugSafety/ucm089125.pdf>

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