

How to Use your Foradil Aerolizer (formoterol)



What is my prescription?	Special Instructions
	Take every day to control your symptoms.

What can I expect while I take this medication?

Foradil is a long-acting beta-2 agonist that opens your airways.

Foradil will not provide relief at once, but you can expect to breathe easier.

How do I use my Foradil Aerolizer?

1. Remove cap.
2. Rotate the mouthpiece off the base and you will see an empty space for the capsule.
3. Remove a capsule from the packaging and put the capsule in the empty space.
4. After the capsule is in place, click the mouthpiece shut.
5. Before using the inhaler, you will need to press the buttons firmly on both sides of the inhaler.
6. Turn your head away from the inhaler and breathe out fully.
7. Put the **Foradil® Aerolizer®** in your mouth; do not block the

mouthpiece with your teeth or tongue.

8. breathe in as steadily and deeply as you can.
9. Remove the inhaler from your mouth while holding your breath for 5-10 seconds. Breathe out away from your inhaler.
10. To make sure that you breathed in your full dose, check to see if there is any powder left in the capsule.
11. If there is any powder left in the capsule, repeat steps 7-9.
12. Dispose of the capsule and put the cap back on the inhaler.

Do not use Foradil to treat sudden symptoms of your health condition. Always carry a rescue inhaler with you.

- To learn more about your health condition visit:
<http://www.med.umich.edu/careguides>.
- To learn more about your inhaler visit:
<http://www.fda.gov/downloads/Drugs/DrugSafety/ucm089125.pdf>

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