

# How to Use Your Breo Ellipta Inhaler (fluticasone and vilanterol)



What is my prescription?	Special Instructions
	<p>Take every day to control your symptoms.</p> <p>Rinse and swish mouth thoroughly with water and spit after use.</p>

## What can I expect while I take this medication?

Breo Ellipta is an inhaled corticosteroid and long-acting beta-2 agonist that helps you breathe easier and improves lung function.

## How do I use my Breo Ellipta inhaler?

1. Slide the cover down to see the mouthpiece. You should hear a click.
2. Every time you slide the cover down, a dose is loaded. If you open and close the cover without inhaling the medicine, you will lose the dose.
3. While holding the inhaler away from your mouth, breathe out fully. Do not breathe out into the mouthpiece.
4. Put the mouthpiece between your lips and close your lips firmly around it. Your lips should fit over the curved shape of the

- mouthpiece. Do not block the mouthpiece with your teeth or tongue.
5. Do not block the air vents with your fingers.
  6. Take one long, steady, deep breath in through your mouth. Do not breathe in through your nose.
  7. Remove the inhaler from your mouth and hold your breath for 3 to 4 seconds.
  8. Breathe out slowly and gently.
  9. Slide the cover up over the mouthpiece.
  10. If your doctor has prescribed more than one dose (puff), wait 30 seconds and repeat above.

You may not taste, feel or smell the dry powder when you are using your inhaler. As long as you are following the directions, you will get your full dose of medication.

**Do not use Breo Ellipta to treat sudden symptoms of your health condition. Always carry a rescue inhaler with you.**

- To learn more about your health condition visit:  
<http://www.med.umich.edu/careguides>.
- To learn more about the Breo™Ellipta™ inhaler visit:  
<http://www.mybreo.com/about.html>

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