# How to Use Your Breo™ Ellipta™ Inhaler (fluticasone)

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<td>Take every day to control your symptoms.</td>
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<td>Rinse and swish mouth thoroughly with water and spit after use.</td>
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## What can I expect while I take this medication?

Breo™ Ellipta™ will help the muscles around the airways in your lungs stay relaxed to prevent wheezing and shortness of breath.

## How do I use my Breo™ Ellipta™ inhaler?

1. Slide the cover down to see the mouthpiece. You should hear a click.
2. Every time you slide the cover down, a dose is loaded. If you open and close the cover without inhaling the medicine, you will lose the dose.
3. While holding the inhaler away from your mouth, breathe out fully. Do not breathe out into the mouthpiece.
4. Put the mouthpiece between your lips and close your lips firmly around it. Your lips should fit over the curved shape of the mouthpiece.
5. Take one long, steady, deep breath in through your mouth. Do not breathe in through your nose.
6. Do not block the air vents with your fingers.
7. Remove the inhaler from your mouth and hold your breath for 3 to 4 seconds.
8. Breathe out slowly and gently.
9. Slide the cover up over the mouthpiece.
10. If your doctor has prescribed more than one dose (puff), wait 30
seconds and repeat above.

You may not taste, feel or smell the dry powder when you are using your
inhaler. As long as you are following the directions, you will get your full
dose of medication.

**Do not use Breo™ Ellipta™ to treat sudden symptoms of your health
condition. Always carry a rescue inhaler with you.**

To learn more about your health condition visit:
http://www.med.umich.edu/careguides.

To learn more about the Breo™ Ellipta™ inhaler visit:
http://www.mybreo.com/about.html

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