



How to use your Anoro Ellipta

62.5 mcg/25 mcg



What is my prescription?	Special Instructions
	Take every day to control your symptoms.

What can I expect while I take this medication?

- **Anoro Ellipta** is a long-acting anti-cholinergic plus a long-acting beta-agonist that relaxes and opens your airways.
- **Anoro Ellipta** will not provide relief at once, but you can expect to breathe easier.

How to use your Anoro Ellipta:

1. Hold your inhaler upright and open the green cap all the way back until it clicks. Every time you open the cap, a dose is loaded. If you open and close the cover without inhaling the medicine, you will lose the dose.

2. Breathe out fully away from the inhaler.
3. Put the mouthpiece in your mouth and close your lips around it. Do not block the mouthpiece with your teeth or tongue. Do not block the vent above the mouthpiece with your lips or fingers.
4. Breathe in quickly and deeply through your mouth.
5. Remove the inhaler from your mouth.
6. Hold your breath for 5-10 seconds, and then breathe out.
7. Close the green cap after each dose.
8. Rinse mouth thoroughly with water after taking medication to reduce your risk of developing a sore mouth or throat. Spit out the water. Do not swallow it.

How to clean your Anoro Ellipta:

You can clean the mouthpiece of your Anoro Ellipta inhaler with a dry cloth or tissue. **Do not** wash or put your inhaler in water.

Do not use Anoro Ellipta to treat sudden symptoms of your health condition. Always carry a rescue inhaler with you.

- To learn more about your health condition visit:
<http://www.med.umich.edu/careguides>.
- To learn more about the Anoro Ellipta inhaler visit:
<http://www.anoro.com>

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