



# Medication Schedule for Outpatient Fludarabine/Melphalan Chemotherapy

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Bring this sheet with you to every visit. Starting 3 days before your transplant, bring this sheet and your bottle of the tacrolimus (Prograf®) medication with you to every visit.

<b>5 days before your transplant</b>	<b>Date:</b> _____
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**Medications you will get in infusion:**

- Chemotherapy medication: Fludarabine (Fludara®) 30 mg/m<sup>2</sup>
- Anti-nausea and anti-vomiting medications: Palonosetron (Aloxi®), prochlorperazine (Compazine®), and some patients may also get dexamethasone (Decadron®)

**Medications you may take at home** (write down any time you take the medication):

Medication	Dose	Time
Prochlorperazine (Compazine®) <ul style="list-style-type: none"> <li>• Take as needed every 6 hours for nausea or vomiting</li> </ul>		

<b>4 days before your transplant</b>	Date: _____
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**Medications you will get in infusion:**

- Chemotherapy medication: Fludarabine (Fludara®) 30 mg/m<sup>2</sup>
- Anti-nausea and anti-vomiting medications: Prochlorperazine (Compazine®), and some patients may also get dexamethasone (Decadron®)

**Medications you may take at home** (write down any time you take the medication):

Medication	Dose	Time
Prochlorperazine (Compazine®) <ul style="list-style-type: none"> <li>• Take as needed every 6 hours for nausea or vomiting</li> </ul>		

<b>3 days before your transplant</b>	Date: _____
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**You will start taking your tacrolimus (Prograf®) medication today.**

- This medication helps your body prepare to accept your transplant and reduces the risk of graft-versus-host disease or GVHD (a complication where the donor cells attack your own body's cells).
- Take your tacrolimus medication twice daily (one dose in the morning and one dose in the evening) by mouth. Please be consistent. It is very important for the success of your treatment that you know exactly what your dose of tacrolimus is.
- You can take your tacrolimus medication with or without food.

**Medications you will get in infusion:**

- Chemotherapy medication: Fludarabine (Fludara®) 30 mg/m<sup>2</sup>
- Anti-nausea and anti-vomiting medications: Prochlorperazine (Compazine®), and some patients may also get dexamethasone (Decadron®)

**Medications you will take at home** (write down any time you take the medication):

Medication	Dose	Time
Tacrolimus (Prograf®) <ul style="list-style-type: none"> <li>• Each pill is 0.5 mg</li> </ul>	Morning dose: 2 pills by mouth	
	Evening dose: 2 pills by mouth	
Prochlorperazine (Compazine®) <ul style="list-style-type: none"> <li>• Take as needed every 6 hours for nausea or vomiting</li> </ul>		

<b>2 days before your transplant</b>	<b>Date:</b> _____
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You will continue to take your tacrolimus (Prograf®) medication today.

- This medication helps your body prepare to accept your transplant and reduces the risk of graft-versus-host disease or GVHD (a complication where the donor cells attack your own body's cells).
- Take your tacrolimus medication twice daily (one dose in the morning and one dose in the evening) by mouth. Please be consistent. It is very important for the success of your treatment that you know exactly what your dose of tacrolimus is.
- You can take your tacrolimus medication with or without food.

**Medications you will get in infusion:**

- Chemotherapy medication: Fludarabine (Fludara®) 30 mg/m<sup>2</sup>
- Anti-nausea and anti-vomiting medications: Palonosetron (Aloxi®), prochlorperazine (Compazine®), and some patients may also get dexamethasone (Decadron®)

**Medications you will take at home** (write down any time you take the medication):

Medication	Dose	Time
Tacrolimus (Prograf®) <ul style="list-style-type: none"> <li>• Each pill is 0.5 mg</li> </ul>	Morning dose: 2 pills by mouth	
	Evening dose: 2 pills by mouth	
Prochlorperazine (Compazine®) <ul style="list-style-type: none"> <li>• Take as needed every 6 hours for nausea or vomiting</li> </ul>		

<b>1 day before your transplant</b>	<b>Date:</b> _____
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You will continue to take your tacrolimus (Prograf®) medication today, but **do not take your tacrolimus until after your lab work in the clinic.**

- To get an accurate test of your blood tacrolimus level, it is very important that you don't take any of your tacrolimus medication before you get your lab work.

**Medications you will get in infusion:**

- Chemotherapy medication: Melphalan 140 mg/m<sup>2</sup>
- Anti-nausea and anti-vomiting medications: Prochlorperazine (Compazine®), and some patients may also get dexamethasone (Decadron®)

**Medications you will take at home (write down any time you take the medication):**

Medication	Dose	Time
Tacrolimus (Prograf®) <ul style="list-style-type: none"> <li>• Each pill is 0.5 mg</li> </ul>	Morning dose ( <b>do not take until after your lab work</b> ): 2 pills by mouth	
	Evening dose: 2 pills by mouth	
Prochlorperazine (Compazine®) <ul style="list-style-type: none"> <li>• Take as needed every 6 hours for nausea or vomiting</li> </ul>		

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