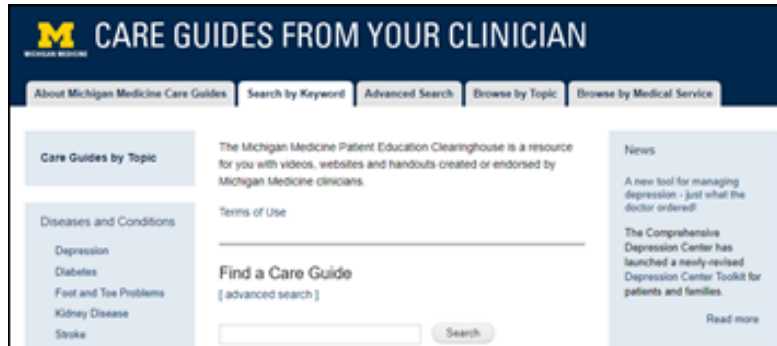


## How do I find bone marrow transplant (BMT) discharge videos and patient education handouts online?

1. Type “U of M Care Guides” into your search engine.
2. Click on “Care Guides - University of Michigan”. You can also type the website address into your search bar: <http://careguides.med.umich.edu/>.



3. In the search bar, type “Getting ready for discharge.”
4. On this page, you will find two BMT discharge videos. Select the video that applies to you:
  - a) Allos/MUDs/Haplos: “Getting Ready for Discharge after an Allogeneic Transplant.”
  - b) Autos: “Getting Ready for Discharge after an Autologous Transplant.”
5. To access other BMT patient education handouts from the BMT Discharge folder, follow the same steps above, but type “BMT” in the search bar. A list of BMT patient education handouts will be available for you to choose from.

