

Autologous Transplant

Patient and Family Resource Information

**Bring this binder with you to all appointments
and to your hospital stay**

Adult Blood and Marrow Transplant (BMT) Program



MICHIGAN MEDICINE
UNIVERSITY OF MICHIGAN

BMT & CELLULAR THERAPY PROGRAM

Welcome Letter

BMT Pre-Transplant Contact Information

Maps

Notes Pages

Important Paperwork and Forms to Return

Advance Directive Tips

Start the Conversation: Making your health care wishes known

Pre-Transplant Patient Checklist

Caregiver Responsibilities Agreement

BMT Patient Dental Clearance Instructions and BMT Dental Evaluation Clearance Form

Oral Care Instructions for People Undergoing Bone Marrow Transplant

Section 1

Pre-Transplant Information

(Coordinator Forms - front of Section 1) - for coordinator use only. This includes Request for Outside Records, BMT Consult Information Checklist, Bone Marrow Biopsy sheet)

Transplant Outcomes & Treatment Decisions (Be the Match)

Your Health Care Team

Common Pre-Transplant Tests and Procedures

The Tunneled Catheter

Before You Get Your Peripherally Inserted Central Catheter (PICC)

Donor Neupogen/G-CSF Instructions

Mozobil (Plerixafor) Information

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Bone Marrow Transplant Basics and Individualized Information

Chemotherapy Education Sheets

Autologous Transplant Information (Be the Match)

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Psychosocial Support and Resources

Psychosocial Support and Resources

Pre-Transplant Patient Checklist (Reference copy)

Caregiver Responsibilities Agreement (Reference copy)

Support Group Information

Letter to Family and Friends

Section 4

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Frequently asked Questions about Bone Marrow Transplant

What to Expect on “Day Zero” of an Autologous Transplant

Transplant Day Information and Puzzles

University Hospital and Frankel Cardiovascular Center Guide: A
Resource for Patients and Families

Section 5

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Safe Drinking Water and other Beverages for
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MyUofMHealth.org Patient Portal FAQ

How do I find BMT discharge videos and patient education
handouts online?

Bone Marrow Transplant Discharge: Transitioning to Outpatient
Care

Care of the Tunneled Catheter in the Home (Booklet)

After Transplant Care Guides (Be the Match)

Binder feedback



Welcome to the Blood and Marrow Transplant (BMT) Program

Dear Patient and Family,

Welcome to the Michigan Medicine Cellular Therapy & Blood and Marrow Transplant (BMT) program. Over 25 years ago we began performing the first transplants, today we are proud to have cared for thousands of BMT patients from Michigan and beyond. To provide outstanding medical treatment, we believe in a multi-disciplinary team approach that features expertise in all facets of the BMT process. Michigan Medicine is a leader in bringing innovative treatments, state of the art facilities, research and educational resources to serve our patients. We are very excited to partner with you as you embark upon this important journey!

This BMT resource binder is to provide a resource for information on some of the 'key steps' that you may find helpful as you proceed through the transplant process. Understand that it is common to have questions and to feel overwhelmed when you receive materials, the binder is only one resource and we encourage you to use the "Notes" pages in the front to write down information and questions. The BMT staff are available to you to help navigate through this entire process.

How should this resource information be used?

- You and your family/caregiver will find information that will be useful before, during, and after your transplant.
- Read sections that address certain questions you may have.
- Review information with your family/caregiver.
- Write down questions that you may have for your transplant staff and bring them to your appointments. (Transplant Outcomes & Treatment

Decisions) from BE THE MATCH in section 1: Pre-Transplant Information is a guide to help you talk with your doctor.

Who do I call if I have questions after I see the transplant team?

- The BMT Clinic is open Monday -Friday, from 8am to 5pm. During these hours, call (734) 936-9814.
- After 5pm, on weekends, and holidays, call (734) 936-6267 and ask for the BMT physician on-call.
- You can also refer to the following handouts for further contact information on the next **page** labeled “BMT Pre-Transplant Contact Information” and also in **Section 5** labeled “*BMT Discharge Contact Information.*” These handouts give you several phone numbers that you may find helpful. If you have any questions or concerns about anything, do not hesitate to call.

Thank you for entrusting your care to us. We are committed to providing the very best comprehensive care for you and your family.

Sincerely,

Your Blood and Marrow Transplant Team

BMT Pre-Transplant Contact Information

The list below includes contact information you may need pre-transplant.

Questions/Concerns:	Clinician:	Phone number
Medical Emergency		Call 911
Medical Questions (non-emergent)	MD/NP/PA/RN	Use on-line portal
Medical Questions (requiring same day follow-up)	BMT Nurse Coordinators (M-F, 8a-5p)	(734) 936-9814
Urgent Concerns that cannot wait for clinic hours (nights/weekends/holidays)	BMT doctor on-call	(734) 936-6267
Physicians	Clinic Days	Phone number
Sarah Anand, MD	Wednesday, Friday	(734) 936-9814
Monalisa Ghosh, MD	Tuesday, Thursday	(734) 936-9814
John Maciejewski, MD	Wednesday, Friday	(734) 936-9814
John Magenau, MD	Tuesday	(734) 936-9814
Attaphol Pawarode, MD	Monday, Wednesday	(734) 936-9814
Mary Riwes, DO	Monday, Thursday	(734) 936-9814

BMT Nurse Coordinators	Clinic Days	Phone number
Julie Fornwald	Monday - Friday	(734) 936-9814
Kim Kyro	Monday - Friday	(734) 936-9814
Denise Mouro	Monday - Friday	(734) 936-9814
Maureen Rose	Monday - Friday	(734) 936-9814
Christy Young	Monday - Friday	(734) 936-9814
Donor Nurse Coordinator	Clinic Days	Phone number
Isabel Vial	Monday - Friday	(734) 232-7564

Other assistance:

Pre-Transplant Insurance Coordinators	Clinic Days	Phone number

Debbie Pratt (A-L)	Monday - Friday	(734) 615-5438
Walter Cole (M-Z)	Monday - Friday	(734) 615-6798
New Patient Intake Coordinator	Clinic Days	Phone number
Teresa Logerquist	Monday - Friday	(734) 232-8838
HLA Sample Coordinator	Clinic Days	Phone number
Nancy Custer	Monday - Friday	(734) 232-7589
BMT Scheduler	Clinic Days	Phone number
Tracie Taylor	Monday - Friday	(734) 232-7591
Apheresis	Monday - Friday (8a - 4p)	(734) 936-6900
Pharmacy location	Hours	Phone number
Cancer Center	(M-F, 9a-5:30p)	(734) 647-8911
Ambulatory Care/Taubman	(M-F, 9a-6p; Sat 9a-4:30p)	(734) 936-8260
Social Work	Clinic Days	Phone number
Jack Harrington (A-K)	Monday - Friday	(734) 232-9073
Toni Spano-English (L-Z)	Monday - Friday	(734) 232-5776
Billing and Insurance		
Patient Financial Counselors (PFC's) - (877-326-9155)		
Tangible (transportation, lodging, prescription cost resources, coordination of Medicaid travel benefits, etc.)		
Guest Assistance Program (GAP) - (800) 888-9825		
Lodging (short-term)		
Patient & Visitor Accommodations (PVA) - (800) 544-8684		
Supportive Assistance (Families Facing Cancer, PsychOncology, Symptom Mgmt, etc.)		
Patient and Family Support Services (PFSS) - (877) 907-0859 or (734) 232-6366		



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Section 1

Pre-Transplant Information

- Transplant Outcomes & Treatment Decisions
- Your Health Care Team
- Common Pre-Transplant Tests and Procedures
- Central Line Information
- Before You Get Your Peripherally Inserted Central Catheter (PICC)
- Donor Neupogen/G-CSF Instructions
- Mozobil
- Apheresis Instructions
- Preparing to Collect Stem Cells: When to Call the Doctor
- Preparing for your Hospital Stay
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- Patient Calendars
- Teaching Slides



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Section 2

**Bone Marrow Transplant Basics and
Individualized Information**

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Autologous Transplant Information (Be the Match)

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Autologous Section 5 Discharge Instructions

Autologous Discharge Information

Contact Information

Water Safety

MyUofMHealth.org Patient Portal

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Be the Match: After Transplant Care Guides