## **Allogeneic Transplant**

# Patient and Family Resource Information

Bring This Binder with You to All Appointments and During Your Hospital Stay

## **Adult Blood and Marrow Transplant (BMT) Program**



**BMT & CELLULAR THERAPY PROGRAM** 

## Allogeneic Patient and Family Resource Information Table of Contents

#### **Welcome Letter**

**BMT Pre-Transplant Contact Information** 

Maps

**Notes Pages** 

#### **Important Paperwork and Forms to Return**

**Advance Directive Tips** 

Start the Conversation: Making your health care wishes known

Pre-Transplant Patient Checklist

Caregiver Responsibilities Agreement

BMT Patient Dental Clearance Instructions and BMT Dental Evaluation Clearance Form

Oral Care Instructions for People Undergoing Bone Marrow Transplant

#### Section 1

#### **Pre-Transplant Information**

(Coordinator Forms - front of Section 1) – for coordinator use only. This includes Request for Outside Records, BMT Consult Information Checklist, Bone Marrow Biopsy sheet)

*Transplant Outcomes & Treatment Decisions* (Be the Match)

Your Health Care Team

Common Pre-Transplant Tests and Procedures

The Tunneled Catheter

Before You Get Your Peripherally Inserted Central Catheter (PICC)

Donor Neupogen/G-CSF Instructions

Mozobil (Plerixafor) Information

**Apheresis Instructions** 

Preparing to Collect Stem Cells: When to Call the Doctor

Preparing for your Hospital Stay

Consents

**Patient Calendars** 

Food Safety Booklet

**Teaching Slides** 

#### Section 2

#### **Bone Marrow Transplant Basics and Individualized Information**

**Chemotherapy Education Sheets** 

Autologous Transplant Information (Be the Match)

Disease Specific Information

Glossary of Terms

#### **Section 3**

#### **Psychosocial Support and Resources**

**Psychosocial Support and Resources** 

Pre-Transplant Patient Checklist (Reference copy)

Caregiver Responsibilities Agreement (Reference copy)

**Support Group Information** 

Letter to Family and Friends

#### Section 4

#### Admission Information

What to Expect During your Hospital Stay

Frequently asked Questions about Bone Marrow Transplant

What to Expect on "Day Zero" of an Autologous Transplant

Transplant Day Information and Puzzles

University Hospital and Frankel Cardiovascular Center Guide: A Resource for Patients and Families

#### Section 5

#### **Discharge and Post Admission Information**

Autologous Stem Cell Transplant Discharge Instructions

BMT/CAR T-cell Discharge Contact Information

Safe Drinking Water and other Beverages for Immunocompromised Patients

MyUofMHealth.org Patient Portal FAQ

How do I find BMT discharge videos and patient education handouts online?

Bone Marrow Transplant Discharge: Transitioning to Outpatient Care

Care of the Tunneled Catheter in the Home (Booklet)

After Transplant Care Guides (Be the Match)

#### Binder feedback



## Welcome to the Blood and Marrow Transplant (BMT) Program

Dear Patient and Family,

Welcome to the Michigan Medicine Cellular Therapy & Blood and Marrow Transplant (BMT) program. More than 25 years ago we began performing the first transplants, today we are proud to have cared for thousands of BMT patients from Michigan and beyond. To provide outstanding medical treatment, we believe in a multidisciplinary team approach. Our team has expertise in every area of the BMT process. Michigan Medicine is a leader in bringing innovative treatments, state of the art facilities, research and educational resources to serve our patients. We are very excited to partner with you as we embark upon this important journey!

This BMT resource binder is a resource on some of the 'key steps' that you may find helpful as you proceed through the transplant process. Understand that it is common to have questions and to feel overwhelmed when you receive materials. The binder is only one resource and we encourage you to use the "Notes" pages in the front to write down information and questions. The BMT staff are available to you to help navigate through this entire process.

#### How can I use this information?

- You and your family or caregiver will find information in this binder that will be useful before, during, and after your transplant.
- Read sections that address certain questions you may have.
- Review information with your family/caregiver.
- Write down questions that you may have for your transplant staff and bring them to your appointments. (*Transplant Outcomes & Treatment Decisions* from Be the Match in Section 1 is a guide to help you talk with your doctor.)

#### Who do I call if I have questions after I see the transplant team?

- The BMT Clinic is open Monday -Friday, from 8am to 5pm. During these hours, call 734-647-8902.
- After 5pm, on weekends, and holidays, call (734) 936-6267 and ask for the BMT physician on-call.
- You can also refer to the following handouts for further contact information on the next **page** labeled "BMT Pre-Transplant Contact Information" and also in **Section 5** labeled "BMT Discharge Contact Information." These handouts give you several phone numbers that you may find helpful. If you have any questions or concerns about anything, do not hesitate to call.

Thank you for entrusting us with your care. We are committed to providing the very best comprehensive care for you and your family.

Sincerely,

Your Blood and Marrow Transplant Team

## **BMT Pre-Transplant & Cellular Therapy Pre-Infusion Contact Information**

If you need to contact your doctor or coordinator, ask for them by name using the contact methods below.

The list below includes contact information you may need pre-transplant.

Questions/Concerns:	Clinician:	Phone Number
Medical emergency		Call 911
Medical questions (non-emergent)	MD/NP/PA/RN	Use on-line portal
Medical questions (requiring same day follow-up)	BMT/Cellular Therapy Nurse Coordinators (M-F, 7a-7p)	734-647-8902
Urgent concerns that cannot wait for clinic hours (nights/weekends/holidays)	BMT/Cellular Therapy doctor on-call	(734) 936-6267

Other assistance:		
Pre- Insurance Coordinators	Clinic Days	Phone Number
Patient Financial Counselors (PFC's)	Monday - Friday	(734) 877-326-
		9155
Apheresis	Monday - Friday (8a - 4p)	(734) 936-6900
Pharmacy location	Hours	Phone number
Cancer Center	(M-F, 9a-5:30p)	(734) 647-8911
Ambulatory Care/Taubman	(M-F, 9a-6p; Sat 9a-4:30p)	(734) 936-8260
Social Work	Clinic Days	Phone number
Emily Ubel (A-K)	Monday - Friday	(734) 232-9073
Toni Spano-English (L-Z)	Monday - Friday	(734) 232-5776
Toni Spano-English (L-Z)	Monday - Friday	(734) 232-5776

#### **Billing and Insurance**

Patient Financial Counselors (PFC's) - (877-326-9155)

Tangible (transportation, lodging, prescription cost resources, coordination of Medicaid travel benefits, etc.)

Guest Assistance Program (GAP) - (800) 888-9825

#### Lodging (short-term)

Patient & Visitor Accommodations (PVA) - (800) 544-8684

Supportive Assistance (Families Facing Cancer, PsychOncology, Symptom Mgmt, etc.)

Patient and Family Support Services (PFSS) - (877) 907-0859 or (734) 232-6366



# Important Paperwork and Forms to Return



## **Allogeneic**

## Section 1: Pre-Transplant Information

Transplant Outcomes & Treatment Decisions
Your Health Care Team
Common Pre-Transplant Tests and Procedures
The Tunneled Catheter
Consents
Food Safety Booklet
Preparing for Your Hospital Stay
Teaching Slides
Home Magnesium Infusion FAQ's
Patient Calendars



## **Allogeneic**

# Section 2 Bone Marrow Transplant Basics And Individualized Information

Chemotherapy Education Sheets

Be The Match Information:

Basics of Blood And Marrow Transplant,

Allogeneic Transplant Information

Haploidentical Transplant

Allogeneic Transplant Process

Allogeneic Graft-Versus-Host

Disease Specific Information



## **Allogeneic**

## Section 3 Psychosocial Support and Resources

Psychosocial Support and Resources
Pre-Transplant Patient Checklist (Reference copy)
Caregiver Responsibilities Agreement (Reference copy)
Support Group Information
Letter to Family and Friends



## **Allogeneic**

## Section 4 Admission Information

What to Expect During Your Hospital Stay
Frequently Asked Questions About Bone Marrow Transplant
What to Expect on "Day Zero" of an Allogeneic BMT
Transplant Day Information and Puzzles
University Hospital and Frankel Cardiovascular Center Guide: A
Resource for Patients and Families



## **Allogeneic**

## Section 5 Discharge Instructions

Allogeneic Discharge Information
Contact Information
Graft-Versus-Host Disease (GVHD)
Water Safety
MyUofMHealth.org Patient Portal
How to Locate the Discharge Video
Transition to Outpatient Care Following BMT Discharge
Care of the Tunneled Catheter
Be the Match After Transplant Care Guides