Valved Holding Chamber With Mask

How do I use my valved holding chamber with mask?

1. There are three mask sizes; be sure the mask size you have fits snugly over your child’s nose and mouth and creates a good seal.
2. Have your child stand or sit up very straight.
3. Shake the inhaler for two seconds (ten shakes). If you have not used this inhaler canister in the last week, squirt out 2 puffs or doses of medicine to “prime” the inhaler.
4. Press the inhaler into the stopper at the end of the chamber.
5. Place the mask gently to your child’s face so no medicine leaks out. A valve on the chamber allows your child to exhale and breathe normally when the mask is in place.
6. Press down the inhaler canister to squirt out one puff of medicine.
7. Hold the chamber in place while your child breathes in and out 5-6 times.
8. Take the chamber away from your child’s face.
9. Wait one minute, than repeat steps 2-7 above, for the next puff of medicine.
10. Rinse out your child’s mouth and wash their face when you are done.
11. Follow package instructions to clean the chamber.
12. Remove the medicine canister from the inhaler and wash the mouthpiece with warm water once a day.

13. You will need to keep track of the doses of medicine you use from your inhaler (including the ones you used to “prime” the inhaler). Different inhalers will contain different numbers of doses or puffs, for example, 120 or 200.