How do I give Nebulized Medicines?

1. Place the compressor on a clean, stable, flat surface close to where you will be comfortably seated. Plug compressor into electrical outlet.

2. Wash hands with soap and water. Make sure nebulizer is cleaned and/or disinfected since last treatment. Remove the top of the nebulizer with the inspiratory valve cap by twisting counterclockwise until it stops and lift up.

3. Add the prescribed medications into the bottom of the nebulizer and replace the top of the nebulizer. Attach mouthpiece to the nebulizer outlet with the expiratory valve facing up.

4. Unwind the tubing, insert the end of the tubing adapter with the ridges into one end of the tubing and insert the other end of the adapter into the compressor's AIR outlet. Connect the other end of the tubing to the air intake on the bottom of the nebulizer. Press on firmly.

5. Sit in a comfortable upright position. Turn on compressor. Check for mist. If mist is not present check all connections to assure that they are tight. If nebulizer still does not mist use your spare nebulizer and call your home care company to get a replacement.

6. Place mouthpiece in your mouth between teeth and on top of the tongue. Close lips around mouthpiece. Take a slow deep breath through your mouth and hold your breath for 2-4 seconds, as tolerated. Exhale slowly and completely.

7. Stop the treatment when the nebulizer starts to sputter. There will be some residual fluid (mainly saliva) left in cup after treatment. The average
nebulized mist treatment takes approximately 10 – 15 minutes. Perform cleaning procedure.

Cleaning:
1. Disconnect nebulizer from tubing and take it apart. Briefly wash in warm, soapy water.
2. Rinse nebulizer parts, and shake off the excess water.
3. Place nebulizer parts on a towel or dishrack and allow to dry. Once dry put it back together again and store in a cool, dry place.