December 13, 2011

Memorandum

To: Family Physicians, General Internists, Geriatricians, Obstetricians / Gynecologists (Women’s Health)

From: GUIDES (Guideline Utilization Implementation Development and Evaluation Studies)
Connie Standiford, MD, GUIDES Lead
Van Harrison, PhD, GUIDES Co-Lead
Grant Greenberg, MD, MA, MHSA, Guideline Development Clinical Lead

Subject: UMHS Clinical Care Guideline: Adult Preventive Care

Key aspects.

This guideline supports clinician delivery of effective preventive services (e.g., during a health maintenance examination, a.k.a. general physical). Maximizing delivery of effective preventive services is important, but difficult to achieve due to the large numbers of risk factors to assess, range of preventive services to consider, differing relative value of some services, associated explanations and counseling for patients, and time limitations. This guideline:

- Addresses widely recognized and accepted recommendations for preventive care as of 11/22/11:
  - USPSTF (U.S. Preventive Services Task Force) evidence-based recommendations: levels A (strongly recommended) and B (recommended)
  - ACIP (Advisory Committee on Immunization Practices) recommendations for adults
  - Medicare covered preventive care services
  - Joint Commission Standards related to preventive screening for family and intimate partner violence

- Lists patient characteristics and risk factors (e.g., gender, age, social history medical conditions, procedures) along with their indicated preventive services (see Table 1).

- Compares 21 preventive services on clinically preventable burden and on cost-effectiveness (see Table 2).

- Lists preventive services NOT routinely recommended by the USPSTF: C (lower priority), D (discourage) or I (uncertain). If time and resources are limited, this information helps physicians prioritize delivery of best-evidence A and B rated preventive services.

- Includes working drafts of intake forms designed to elicit the risk factors that trigger evidence-based preventive services that apply to an individual patient.

Patient education materials (right-click, select “Open Hyperlink”)

- Adult Routine Care and Immunizations (several resources)